

# What is TROC?

The Tacoma Resource and Opportunity Center was created for individuals placed on Community Supervision with the Department of Corrections to help provide programs and resources to increase skills and provide opportunities for them to succeed. We now offer resources to all community members.

## TROC is in Partnership with:

- Bates Technical College
- Community Partners in Transition Services
- Department of Social and Health Services
- Girl Scout's of America
- Goodwill

## Thinking For a Change

In Conjunction with the Resource Center, TROC Staff facilitate the Departments program Thinking For a Change (T4C); an evidence based program consisting of 25 lessons in social skills, cognitive self change, and problem solving.

TROC also operates the Pierce County Work Crew which provides people on supervision a means to give back to the community.

## Meet our staff:

### T4C Facilitators:

Robin McLaughlin <a href="mailto:Robin.mclaughlin@doc.wa.gov">Robin.mclaughlin@doc.wa.gov</a>	Frank Besaw <a href="mailto:Frank.besaw@doc.wa.gov">Frank.besaw@doc.wa.gov</a>
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### TROC Center

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### Supervisor for all TROC programs:

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# T.R.O.C

Tacoma Resource and Opportunity Center



“Helping People  
to  
Help Themselves”



## About TROC

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The Tacoma Resource and Opportunity Center was created with the mission to help Offenders be successful in Re-Entry. Since then, not only has it remained true to that original vision, it has grown and adapted to meet the needs of the Individuals we help. Now, we have taken it one step further...

We offer FREE programs to our offenders to help bring Social, Educational, and Financial goals come to life.

We provide resources to anyone who wants them. Our TROC room is open Monday thru Friday, 8am -12pm and 1pm to 4pm.

Do you need help applying for jobs, getting medical, dental or vision benefits or starting the process for Food Stamps? How about help with housing? We can get you started, and go through that process WITH you!

**The goal of TROC is to see you succeed. If you want it, we will help you work for it!**

## Programs:

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- **Seasonal events to support families**

Fall—Back to School with FREE backpacks!

Winter—Holiday activities and gift giving!

- **DSHS Benefits**

Online help with Application and Processing so that you receive benefits in one day!

- **Goodwill**

A collaboration that provides additional help for your individual needs.

- **Bates Technical College - Partnership**

Providing Education and Training opportunities.

- **Veterans**

Individual assistance with obtaining a copy of your DD-214 and referral to resources.

- **Re-Entry Café**

Meets the 1st and 3rd Thursday of each month.

A support group for people releasing from incarceration.



## Girl Scouts of America

DOC has worked with Girl Scouts of America in the past to support children of incarcerated parents and work on keeping families connected. And what is even better than that? It's **FREE!**

Starting February 11th, 2016 the troop meets every 2nd and 4th Tuesday of the month at 6pm.

**See the resource center for more information.**

## Requirements?

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**ANYONE** is allowed to come into the center and utilize the resources we have on hand!

To participate in the programs offered through TROC, the individual must be on current supervision with Department of Corrections, and reside in Pierce County.

## Contact Us

1016 S 28th St  
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Visit us on the web:

<http://www.doc.wa.gov/facilities/cjc/tacomacjc/default.asp>