



State of Washington
DEPARTMENT OF CORRECTIONS
PRISONS DIVISION
Monroe Correctional Complex
P. O. Box 777, Monroe, WA 98272 360-794-2600

2016

The Monroe Correctional Complex provides offenders a variety of programs. These are designed to provide them with opportunities for improvement and to engage them in positive activities. Following is a brief outline of programs currently available

Community Partnership Programs:

Volunteer Programs expand public awareness of the Department of Corrections within the Monroe Correctional Complex. These Community Partnerships encourage supervised interaction between responsible citizens and offenders. Volunteers provide programs and services that promote positive reintegration into the community and strengthen family ties. These groups focus on religion, family, cultural, personal accountability and ReEntry assistance. Volunteers provide personal and professional expertise in teaching offenders real-life skills necessary to achieve successful transition to community life.

Religious Programs:

Volunteers offer a variety of social and religious programming opportunities for MCC offenders. MCC has two staff Chaplains who cover the five separate Units within the Complex. Faith based volunteers greatly assist the chaplains to provide spiritual programming opportunities to offenders of all faiths in accordance with correctional guidelines. MCC has the following religious volunteer groups:

Innovative Programs provided through MCC Community Volunteers

- Alternatives to Violence: Monthly workshop series sponsored by Peace Between People International Organization teaching alternate methods of communications and conflict resolution.
- Black Prisoners Caucus (BPC) and Concerned Lifers Organization (CLO): Target specific portion of population to address issues of education, reentry (BPC), and long term incarceration (BPC and CLO)
- Bridges to HOPE: Focus on education and community service through liaison with University of WA HOPE (Huskies for Opportunities in Prison Education) organization.
- Bridges to Life: Restorative Justice 14 week Faith Based curriculum that helps offenders realize and understand the full impact of their crime.
- Breaking Barriers: Cognitive Behavioral Change program.
- Community Aid Coalition: Offenders create items to donate to Community non-profit organizations. Sewing, woodworking, ceramics.

MCC Offender Programs

- Community Life Skills: Open discussion question and answer forum from a Christian perspective on skills needed for successful community life, whether upon Release or in the prison community during incarceration
- Dispute Resolution: Sponsored by Volunteers of America and Dispute Resolution of Snohomish County, teaches offenders conflict resolution and mediation skills.
- Financial Peace University: Dave Ramsey's Financial Management course teaches offenders step-by-step process to be debt free, including budgeting and savings and how to set financial goals.
- Foreign Language Bible Studies: Agua Vivas; Tierra Nueva; Russian Bible Study
- Freedom Project: Non-Violent Communications weekly classes, monthly workshops, and weekly Mindfulness Training classes. Mission of Freedom Project is to transition prisoners to peacemakers through various skill building classes and workshops.
- Girl Scouts Behind Bars: Sponsored by Girl Scouts of Western Washington, monthly scout troop meetings between offenders and their daughters, with supervision by staff and Scout representatives.
- Goodwill New Connections: ReEntry and Job Skills program that offers pre-release skills building and post-release Case Management Support services.
- Interaction Transition: Sponsored by Interaction Transition Organization, Seattle, WA. Previously offered transition housing, currently provides weekly meetings to assist offender prepare for release. Working on opening a new Transition House in the near future.
- Marriage Seminar: Christian based marriage seminar with offenders and their wife/fiancée..
- Reading with Dad: Time in Visit Rooms with incarcerated dad and approved minor family visitor to read books together. Book then approved to be taken home by child.
- Preparing for Release: Family Focused 4-week communications and reentry workshop between offender and family support person.
- Prison Fellowship-Anticipate Pre-Release Class: Sponsored by Prison Fellowship, an international non-profit organization whose mission is reconciliation to God, family and community reentry. Offers 5-6 week sessions focusing on various aspects of reentry; i.e., goal setting, financial, marital, parental, physical. Developing plans to offer continuum of Christian ministry from prison to community.
- Prison SMART: Sponsored by International Association for Human Values, offers "Stress Management and Rehabilitation Training" by teaching practical life skills to accept responsibility for past actions and to handle future conflict and breathing practices for cleansing body and mind.
- Purrfect Pals Foster Kitten Program: Mentally ill offenders foster feral kittens until the kittens are ready for adoption.
- Summit Assistance Dog Program: Working with Summit Assistance Dog Organization, offenders learn to train service dogs. Summit provides trained mobility, hearing and/or therapy dogs for people with disabilities.
- Toastmasters: International organization offers classes in public speaking and self-confidence.
- Transition Release: Multi-week curriculum focusing on communication skills, job skills, conflict resolution. Community guest speakers present sessions on budgeting, insurance, and other transition skills needed.

MCC Offender Programs

- University Beyond Bars (UBB): Offers college preparation and accredited courses through volunteer instructors and professors from local higher education organizations.
- Yoga Behind Bars: Seattle based non-profit teaches yoga techniques to facilitate therapeutic, conscious human development and decrease recidivism.