

**Everett Community Justice Center
Programming Registration**

Participant: Register in a program by placing your name in the corresponding the box.

CCO: Send Registration Referral to *CO Justin Roundy*

Program	Day	Time	Register me!
RPM# Awesome Program	Sun – Sat	8:00 – 5:00 pm	<i>Name and DOC Number</i>
C037 Moral Recognition Therapy (M.R.T.) *participants need to be at ECJC by 5:00 pm for the evening classes	Monday	5:30 – 6:30 pm*	
	Tuesday (SO)	9:00 – 10:00 am	
	Tuesday	5:00 – 6:00 pm*	
	Wednesday	9:00 – 10:00 am	
NA Offender Orientation Class	Monday	8:15 – 9:15 am	
F101 Community Fellowship	Monday	9:30 – 11:00 am	
C003 Stress-Anger Management	Tuesday	2:00 – 4:00 pm	
F818 S.M.A.R.T. Recovery	Tuesday	2:00 – 3:00 pm	
F075 Mental Health Relapse Prevention (MHRP)	Wednesday	11:00 – 12:30 pm	
F610 Horticulture (Garden) Club	Wednesday	11:00 – 12:30 pm	
F451 WSU Food Sense	Wednesday	1:00 – 2:30 pm	
C060 Partners in Parenting	Wednesday	3:00 – 5:00 pm	
F001 Landscaping	Thursday	10:00 – 11:30 am	
F001 R.E.A.P. This class is held @ Sno Co Admin Building – 1st floor – See Security	Thursday	5:30 – 7:00 pm	
NA AA/NA	Friday	12:00 – 1:00 pm	
NA Work Force Readiness this class held @ Everett WorkSource, Pilchuck Room	Friday	1:00 - 4:00 pm	
F821 Successful Transition Techniques on hold	Friday	1:30 – 3:00 pm	
F502 Creative Energies	Friday	1:30 – 3:30 pm	
C057 Getting It Right – Relapse Prevention	Saturday	10:00 – 11:00 am	
C057 Getting It Right – Responsible Thinking	Saturday	11:00 am – 12:00 pm	
F824 Finding Freedom	Saturday	11:30 am – 12:30 pm	
FP02 Father for Life-24/7 Dad	Saturday	1:00-3:00 pm	
NA ECJC Drop-In Center	Sat & Sunday	8:00 am-4:00pm	
NA Work Crew	Daily	8:00am-4:00pm	
B099 G.E.D. on hold	TBD		
NA Employment Services	TBD	By Appointment	
C070 Nurturing Fathers on hold	TBD		
C049 Life Skills to work on hold	TBD		

Programming participation may be optional or required through (please check reason for referral):

Court order: _____ OAP/OSP: _____ Sanction: _____

CCO Name/Position #: _____

Referral Date: _____.

The following pages contain a brief description of each program/class offered at the Everett Community Justice Center.

Program Descriptions

Community Fellowship: Christian volunteers who want to see you succeed in your life, offer counseling from biblical principles, spiritual guidance and encouragement (optional only).

Creative Energies: Provides an opportunity for participants to explore creative talents and try new artistic or crafting activities. Participants must be willing to try new things. Builds leisure and social skills, task completion and improves self confidence and self-esteem, in a supportive pro-social environment.

Finding Freedom: This class is an arena for sharing experiences related to the transition from prison to the community. Members will share the challenges and problems that arise during that transition with the focus on problem solving to find meaningful and skillful avenues to successfully address the challenges. The goal is the creation of a path towards transformation and success.

G.E.D/Education: Classroom education and tutoring to assist individuals who desire to complete a G.E.D.

Getting It Right: There are two separate classes in this offender change program:

- **Getting It Right: Responsible Thinking -** This class will help you identify thinking errors that lead to irresponsible and criminal behaviors. Learn to change those thinking errors to more positive and responsible ways of thinking and your behavior will change.
- **Getting It Right : Relapse Prevention –** This class will help you realize relapse is a process, not an event; examine past efforts to control behavior; identify relapse warning signs; develop ways to handle each warning sign and create a personalized relapse prevention plan.

Horticulture (Garden) Club: Participants work with a Master Gardener, exploring the world of horticulture. The participants work in an actual garden; learn garden design, planting strategies and plant care. Members will harvest what is grown. Class takes place twice-monthly, April through September and monthly during the winter.

Landscaping: For individuals interested in helping design and work on projects to beautify the ECJC garden. For individuals interested in helping design and work on projects to beautify the ECJC garden. Topics to include: Aesthetics of Design, Landscape Planning, Basic Wood Working and Tool Safety.

Mental Health Relapse Prevention (M.H.R.P.): Program helps participants gain insight into mental illness, Medication, and symptom management. Participants learn and practice; social, daily living and leisure skills and to recognize and develop strategies to halt destructive high risk behaviors.

Moral Recognition Therapy (M.R.T.): Program is designed to enhance self-image, develop a positive identity and to facilitate the development of a higher stage of moral reasoning. Participants will work through 12 progressive steps of stages of moral reasoning in a supportive group environment.

Partners in Parenting: An 8 session parenting program, developed by the Institute of Behavioral Research, Texas Christian University. Through instruction, modeling and role play, parents are encouraged to improve their positive parenting and are exposed to a variety of parenting concepts and skills.

Reinvesting Energy to Achieve Your Potential (R.E.A.P.): Program is an interactive self-discovery experience in values clarification. It is designed to provide foundational building blocks to challenge participants to make commitments to live their lives according to good character.

Self Management and Recovery Training (S.M.A.R.T.): Program is dedicated to helping individuals gain independence from addictive behaviors. Though classroom instruction, participants are encouraged to adopt new skills to prevent self-destructive and addictive behaviors.

Stress/Anger Management (SAM): Program is designed to help participants develop a clear understanding of how an “anger style” affects one’s life. Participants are taught to identify how distorted thinking relates to behavior; they learn new strategies to recognize and manage stress/anger constructively and appropriately.

Successful Transition Techniques: Designed to assist transition from incarceration to the community, focus on uncovering errors in thinking and exploring the impact thinking has on behavior. Participants are presented with practical steps towards changes in thinking which help prevent destructive consequences

Workforce Readiness: A workshop for individuals with criminal backgrounds that will cover job search, applications, resumes, employer incentives, how to talk about your background, area resources and more.

WSU Food Sense Program: Program is designed to assist participants to learn to budget dollars, make nutritious low-cost meals and develop good eating habits. Focus is on assisting individuals who are low income, receiving limited food benefits and/or who might acquire food from local food banks.