

Moral Reconciliation Therapy



Moral Reconciliation Therapy is a 12 to 16 Step cognitive skills program where offenders participate in a group setting and focus on thinking errors. “It is a systematic, cognitive-behavioral, step-by-step treatment strategy designed to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning. All of these goals are ultimately demonstrated by more appropriate behavior on the part of the program participants. Consistent research outcomes from a host of MRT implementations shows that MRT participants have significantly lower levels of re-arrest and re-incarcerations in comparison to appropriate controls. These results have been confirmed even in participants who have been released from the program for a full 10 years. MRT is widely recognized as an “Evidence-Based Practice” as well as a “Best Practice” by numerous official governmental agencies and treatment authorities.” Reconciliation-Prior to the common usage of the term “ego” in psychology in the 1930s, the term “conation” was employed to describe the conscious process of decision-making and purposeful behavior. The term “moral Reconciliation” was chosen for this system because the underlying goal was to change conscious decision-making to higher levels of moral reasoning. This program typically requires participants to attend 12-16, 1.5 hour sessions to complete the program.

For questions regarding MRT please contact Radyna Cochran at T-Roc. Please remember when referring offenders to MRT it is a 16 week commitment. Offenders will be assigned to participate one of the following times:

Monday 2 – 4 p.m. (Puyallup)
Tuesday 9:30 - 11 a.m.
Wednesday 1 - 3 p.m.
Wednesday 3 – 4:30 p.m.