

Due to the recent spread of the novel H1N1, or swine flu, virus the Department of Corrections encourages visitors who have flu symptoms to stay home. These symptoms include runny nose, nasal congestion, sore throat, cough and fever.

Please remember that the best way to prevent the spread of infectious diseases is by practicing the following precautions:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it;
- Wash your hands with soap and water frequently, especially after you cough or sneeze;
- Try to avoid close contact with sick people;
- If you get sick, stay home and limit contact with others to keep from infecting them;
- Avoid touching your eyes, nose or mouth.

These are the same precautions that should be taken to stop transmitting all influenza viruses. We appreciate your cooperation and understanding."