July 15, 2020

TO: MCC Incarcerated Population

FROM: Eric Jackson, Incident Commander

SUBJECT: Isolation/Quarantine Information

As shared in the July 7, 2020 memo regarding testing, MSU has seen an increase of COVID-19 positive cases within the population. I have personally been told by a few incarcerated individuals that there is still some fear of reporting COVID-19 symptoms because of the belief that being housed in a medical isolation or quarantine unit is similar to being in a segregation unit.

I wanted to take time to share information previously provided and answer some frequently asked questions about personal property, showers and phone usage when housed in a medical isolation or quarantine unit. My hope is this information will assist in easing the anxiety and fear felt by some.

The designated COVID unit (previous IMU Violator unit) has medical isolation pods, which house individuals who may have suspected or confirmed COVID-19, as well as quarantine pods for individuals who have been exposed to someone with suspected or confirmed COVID-19.

Medical Isolation Pod:

**Phones**
- Individuals on medical isolation status will be allowed one 30-minute phone call three times a week (Tuesday, Thursday and Saturday).
- A rolling phone is provided cell front. It is disinfected between every use and the handset is covered with a plastic sleeve during use.
- Schedules are based upon housing assignment and are shared between second and third shift (odd and even) with a rotation schedule to provide you with an opportunity to communicate with your family and friends at different times.

**Showers**
- Individuals on medical isolation will be able to shower once per week, as indicated in the WA State DOC COVID-19 Screening, Testing and Infection Control Guideline.
- Schedules are based upon housing assignment and are shared between second and third shift (odd and even) with a rotation schedule. Showers will be disinfected after each use.
- Individuals coming from general population will move freely (no restraints) to and from the shower.
Property

- Incarcerated individuals coming from general population to medical isolation in the COVID unit will be allowed to bring limited personal property (hygiene items, JP5 player, some food items) with them.

Store

- Commissary orders for individuals on medical isolation status will be in compliance with their sending units.
- All store order slips will be issued out on Tuesday morning and retrieved during lunch delivery on Wednesday.
- Store orders will be received on Friday of the same week.

All incarcerated individuals are required to put on a surgical mask prior to exiting the cell and keep the mask on for the duration of time outside of the cell (except during showers).

Quarantine Pod:

Individuals have access to the recreation area/phone daily. Individuals coming from general population will move freely (no restraints) to and from shower/recreation yard. Individuals are required to wear a face covering while outside of the cell (except during showers).

General Reminders:

All staff and incarcerated individuals are expected to wear appropriate PPE. All incarcerated individuals have been issued face coverings and are required to wear them anytime you are outside of your cell; or in dormitory-style housing, anytime you leave your assigned bunk. Exceptions have been made for individuals in the yard and gym who are actively working out, i.e. running, as long as social distancing from others is occurring. Individuals are expected to put the face covering back on immediately after the activity.

- Face coverings should always cover the nose and chin
- Face coverings should not hang on one ear, hang around neck or be pushed to forehead

DOC has also implemented social distancing expectations and is encouraging six (6) feet of distance between people when able to do so. It is a priority to make social distancing the practice both on and off the living units.

Failure to follow any written or oral directives regarding face coverings and/or social distancing may result in a WAC violation 103.

Thank you for your ongoing commitment to your health and the health of those around you. Please continue wash your hands frequently, practice social distancing, wear your face coverings as directed and report any symptoms immediately. We will get through this together.