### SKILL BUILDING UNIT INDIVIDUALIZED PLAN

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#### Strengths

(include measurable information from initial and ongoing program assessments)

**Functional Domains:**

- [ ] Activities of daily living
- [ ] Interpersonal relationships
- [ ] Social skills
- [ ] Soft skills
- [ ] Communication
- [ ] Basic skills

Provide specific information related to the strength domains identified:

**Criminogenic Domains:**

- [ ] Aggression
- [ ] Attitudes and behaviors
- [ ] Education/Vocational
- [ ] Employment
- [ ] Residential
- [ ] Social influences

Provide specific information related to the criminogenic domains identified:

#### Overall skill development needs

Functional Domains (check all that apply):

- [ ] Activities of daily living
- [x] Interpersonal relationships
- [x] Social skills
- [ ] Soft skills
- [ ] Communication
- [x] Basic skills

Criminogenic Domains (check all that apply):

- [ ] Aggression
- [ ] Attitudes and behaviors
- [ ] Education/Vocational
- [ ] Employment
- [ ] Residential
- [ ] Social influences

Additional skill needs:

#### Long-term goal (1-2 years):

**Goals for this plan** (1-3 goals related to the identifiable skill development needs and should be achievable within 6 months):

**Goal 1**
- [ ] Continued from last plan

Measurable outcome:

Steps to reach goal:

**Goal 2**
- [ ] Continued from last plan

Measurable outcome:

Steps to reach goal:

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DOC 13-576 (01/03/2022)  DOC 310.300  MENTAL HEALTH: Reference
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**Goal 3**  
Continued from last plan

**Measurable outcome:**

**Steps to reach goal:**

**Accomplishments to date** (include all goals reached since entry into the program):

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SBU Resident Signature  

Date

Staff Printed Name and Signature  

Date

SBU Supervisor Printed Name and Signature  

Date

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