



SUBSTANCE USE DISORDER TREATMENT GROUP ACTIVITIES

12 WEEK INTENSIVE DAY TREATMENT

4 DAYS PER WEEK

Name: _____

DOC #: _____

SESSION	DATE	SESSION TOPICS	HOURS	ATTENDED	
				YES	NO
1a		Drugs & Alcohol, Part 13: Alcohol	2	<input type="checkbox"/>	<input type="checkbox"/>
1b		Addiction Denial Defense, Part 1: 28 Defense Mechanisms	2	<input type="checkbox"/>	<input type="checkbox"/>
1c		Addiction Denial Defense, Part 2: Disease Concept Addiction Denial Defense, Part 3: Progression Chart	2	<input type="checkbox"/>	<input type="checkbox"/>
1d		Authority & Freedom, Part 1: Dealing with Authority Authority & Freedom, Part 2: Positive Authority Figures	2	<input type="checkbox"/>	<input type="checkbox"/>
1e		Drugs & Alcohol, Part 1: Stimulants DVD – Methamphetamines – Neurochemistry & Recovery	2	<input type="checkbox"/>	<input type="checkbox"/>
1f		Change, Planning, Goal Setting, Part 1: Personal Strengths Change, Planning, Goal Setting, Part 2: Future Goals	2	<input type="checkbox"/>	<input type="checkbox"/>
1g		Change, Planning, Goal Setting, Part 3: Initiating Change Change, Planning, Goal Setting, Part 4: Dealing with Failures	2	<input type="checkbox"/>	<input type="checkbox"/>
1h		Self-Help, Part 1: The Power of the Group DVD: Anonymous People	2	<input type="checkbox"/>	<input type="checkbox"/>
2a		Core Skills, Part 1: Affirming & Asserting Core Skills, Part 2: Brainstorming & Calming	2	<input type="checkbox"/>	<input type="checkbox"/>
2b		Behaviors & Consequences, Part 1: Effects on Others Behaviors & Consequences, Part 2: Re-Entry	2	<input type="checkbox"/>	<input type="checkbox"/>
2c		Drugs & Alcohol, Part 2: Heroin Myth and Facts Drugs & Alcohol, Part 11: Medication Assisted Therapy (MAT) DVD – Beyond Opiates	2	<input type="checkbox"/>	<input type="checkbox"/>
2d		Habits & Choices, Part 1: Habit Patterns Habits & Choices, Part 2: Examining Habits	2	<input type="checkbox"/>	<input type="checkbox"/>
2e		Criminogenic Behavior, Part 1: Lifestyle Models Criminogenic Behavior, Part 2: Stages of Change	2	<input type="checkbox"/>	<input type="checkbox"/>
2f		Relationships, Part 1: What is Codependency? Relationships, Part 2: Codependency as a Condition	2	<input type="checkbox"/>	<input type="checkbox"/>
2g		Relationships, Part 3: Healthy Personal Relationships Relationships, Part 4: Boundaries in Relationships	2	<input type="checkbox"/>	<input type="checkbox"/>
2h		Self-Help, Part 2: Reducing Resistance Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
3a		Core Skills, Part 3: Danger Spotting & Focusing	2	<input type="checkbox"/>	<input type="checkbox"/>
3b		Relationships, Part 5: Domestic Violence	2	<input type="checkbox"/>	<input type="checkbox"/>
3c		Relationships, Part 6: Family Roles Relationships, Part 7: Setting Boundaries	2	<input type="checkbox"/>	<input type="checkbox"/>
3d		Relationships, Part 8: Qualities of a Healthy Relationship	2	<input type="checkbox"/>	<input type="checkbox"/>
3e		Post-Acute Withdrawal Syndrome (PAWS): What is PAWS? Post-Acute Withdrawal Syndrome (PAWS): Managing PAWS	2	<input type="checkbox"/>	<input type="checkbox"/>
3f		Post-Acute Withdrawal Syndrome, Part 3: PTSD DVD – Neurochemistry of Relapse & Recovery	2	<input type="checkbox"/>	<input type="checkbox"/>
3g		Taking Control, Part 1: Impact of Behaviors Taking Control, Part 2: Problem vs. Complaint	2	<input type="checkbox"/>	<input type="checkbox"/>
3h		Taking Control, Part 3: Prioritizing Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>

4a		Core Skills, Part 4: Forecasting & Handshaking	2	<input type="checkbox"/>	<input type="checkbox"/>
4b		Bloodborne Pathogens, Part 1: Infectious Disease Bloodborne Pathogens, Part 2: TB Facts Handout	2	<input type="checkbox"/>	<input type="checkbox"/>
4c		Drugs & Alcohol, Part 3: Marijuana DVD – Marijuana – Neurochemistry & Physiology	2	<input type="checkbox"/>	<input type="checkbox"/>
4d		Relapse Intervention Workbook: Offender Personality Self-Test Relapse Intervention Workbook: Exercise No. 1 – Why Do I Want to Change?	2	<input type="checkbox"/>	<input type="checkbox"/>
4e		Relapse Prevention, Part 1: Relapse History Relapse Prevention, Part 2: Relapse Self-Assessment	2	<input type="checkbox"/>	<input type="checkbox"/>
4f		Relapse Prevention, Part 3: Warning Signs & Handout Relapse Prevention, Part 4: Personal Triggers	2	<input type="checkbox"/>	<input type="checkbox"/>
4g		Relapse Prevention, Part 5: Relapse Progression Relapse Prevention, Part 6: Strategies	2	<input type="checkbox"/>	<input type="checkbox"/>
4h		Self-Help, Part 3: Relationship with Your Drug of Choice Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
5a		Core Skills, Part 5: Humanizing & Prioritizing	2	<input type="checkbox"/>	<input type="checkbox"/>
5b		Relapse Prevention Education, Part 1: Here's Looking at Urges & Cravings Relapse Prevention Education, Part 2: Breaking the Behavior Chain	2	<input type="checkbox"/>	<input type="checkbox"/>
5c		Drugs & Alcohol, Part 4: Brain Dysfunction – The Illness Drugs & Alcohol, Part 5: Brain Dysfunction - Recovery	2	<input type="checkbox"/>	<input type="checkbox"/>
5d		Drugs & Alcohol, Part 6: Cross Addiction DVD – Uppers, Downers, All Arounders	2	<input type="checkbox"/>	<input type="checkbox"/>
5e		Drugs & Alcohol, Part 7: Substance Use During Pregnancy Drugs & Alcohol, Part 8: FAS and FAE	2	<input type="checkbox"/>	<input type="checkbox"/>
5f		Relapse Prevention Education, Part 3: Handling More Urges & Cravings Relapse Prevention Education, Part 4: Identifying High Risk Situations	2	<input type="checkbox"/>	<input type="checkbox"/>
5g		Relapse Prevention Education, Part 5: Coping with High Risk Situations Relapse Prevention Education, Part 6: Roadblocks & Body Language	2	<input type="checkbox"/>	<input type="checkbox"/>
5h		Self-Help, Part 4: My Substance Use Autobiography Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
6a		Core Skills, Part 6: Resourcing & Self-Listening	2	<input type="checkbox"/>	<input type="checkbox"/>
6b		Addiction, Denial, Defense, Part 4: Compulsion DVD – Roots of Addiction	2	<input type="checkbox"/>	<input type="checkbox"/>
6c		Relapse Prevention Education, Part 7: Life Balance Relapse Prevention Education, Part 8: Handling a Lapse	2	<input type="checkbox"/>	<input type="checkbox"/>
6d		Values, Attitudes & Behaviors, Part 1: Exploring Values and Substance Use Values, Attitudes & Behaviors, Part 2: Impact on Values & Behaviors	2	<input type="checkbox"/>	<input type="checkbox"/>
6e		Values, Attitudes & Behaviors, Part 3: Using Positive Values Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
6f		Problem Solving, Part 1: Dealing with Common Problems Problem Solving, Part 2: Defining Problems	2	<input type="checkbox"/>	<input type="checkbox"/>
6g		Problem Solving, Part 3: Problems and Conflict Problem Solving, Part 4: Mapping	2	<input type="checkbox"/>	<input type="checkbox"/>
6h		Self-Help, Part 5: Overview of Support Group Options Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>

7a		Core Skills, Part 7: Tension-Sensing & View-Switching	2	<input type="checkbox"/>	<input type="checkbox"/>
7b		Drugs and Alcohol, Part 9: Prescription and OTC Drugs DVD – Prescription and OTC Drugs	2	<input type="checkbox"/>	<input type="checkbox"/>
7c		Drugs & Alcohol, Part 10: Tobacco Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
7d		Communication Skills, Part 1: Assertive Communications Communication Skills, Part 2: Successful Communications	2	<input type="checkbox"/>	<input type="checkbox"/>
7e		Life Balance & Stress Management, Part 1: Stress is Normal Life Balance & Stress Management, Part 2: My Plan for Success	2	<input type="checkbox"/>	<input type="checkbox"/>
7f		Life Balance & Stress Management, Part 3: Health, Nutrition & Stress	2	<input type="checkbox"/>	<input type="checkbox"/>
7g		Life Balance & Stress Management, Part 4: Monitoring & Reducing Stress Life Balance & Stress Management, Part 5: Relaxation Techniques	2	<input type="checkbox"/>	<input type="checkbox"/>
7h		Self-Help, Part 6: Insanity or Distorted Thinking? Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
8a		Co-Occurring Disorders, Part 1: Overview DVD – Co-Occurring Disorders	2	<input type="checkbox"/>	<input type="checkbox"/>
8b		Co-Occurring Disorders, Part 2: Effect of Two Disorders Interacting Co-Occurring Disorders, Part 3: Cravings	2	<input type="checkbox"/>	<input type="checkbox"/>
8c		Trauma, Part 1	2	<input type="checkbox"/>	<input type="checkbox"/>
8d		Trauma, Part 2	2	<input type="checkbox"/>	<input type="checkbox"/>
8e		Trauma, Part 3	2	<input type="checkbox"/>	<input type="checkbox"/>
8f		Trauma, Part 4	2	<input type="checkbox"/>	<input type="checkbox"/>
8g		Trauma, Part 5	2	<input type="checkbox"/>	<input type="checkbox"/>
8h		Trauma, Part 6	2	<input type="checkbox"/>	<input type="checkbox"/>
9a		Nutrition and Health: The Importance of Nutrition Nutrition and Health: Eating for Recovery	2	<input type="checkbox"/>	<input type="checkbox"/>
9b		Nutrition and Health: Grocery Game Plan and DVD: Nutrition Wellness, Part 1: Introduction to Page 6	2	<input type="checkbox"/>	<input type="checkbox"/>
9c		Wellness, Part 2: Pages 7 through 14 Wellness, Part 3: Pages 15 through 22	2	<input type="checkbox"/>	<input type="checkbox"/>
9d		Self-Help, Part 8: If not AA, then What?	2	<input type="checkbox"/>	<input type="checkbox"/>
9e		Living Skills: Interpersonal Skills, Session 1: Introduction	2	<input type="checkbox"/>	<input type="checkbox"/>
9f		Living Skills: Interpersonal Skills, Session 2: Managing Emotions	2	<input type="checkbox"/>	<input type="checkbox"/>
9g		Living Skills: Interpersonal Skills, Session 3: Conflict Resolution	2	<input type="checkbox"/>	<input type="checkbox"/>
9h		Living Skills: Interpersonal Skills, Session 4: Building & Maintaining Relationships	2	<input type="checkbox"/>	<input type="checkbox"/>
10a		Anger Management: Session 1	2	<input type="checkbox"/>	<input type="checkbox"/>
10b		Anger Management: Session 2	2	<input type="checkbox"/>	<input type="checkbox"/>
10c		Anger Management: Session 3	2	<input type="checkbox"/>	<input type="checkbox"/>
10d		Anger Management: Session 4	2	<input type="checkbox"/>	<input type="checkbox"/>
10e		Anger Management: Session 5	2	<input type="checkbox"/>	<input type="checkbox"/>
10f		Anger Management: Session 6	2	<input type="checkbox"/>	<input type="checkbox"/>
10g		Self-Help, Part 7: Adventure in Self-Discovery	2	<input type="checkbox"/>	<input type="checkbox"/>
10h		Substance Use Autobiography Presentation(s)	2	<input type="checkbox"/>	<input type="checkbox"/>
11a		Living Skills: Refusal Skills, Session 1: Introduction	2	<input type="checkbox"/>	<input type="checkbox"/>
11b		Living Skills: Refusal Skills, Session 2: Boundaries & Assertiveness	2	<input type="checkbox"/>	<input type="checkbox"/>

11c		Living Skills: Refusal Skills, Session 3: Refusal Skills Process	2	<input type="checkbox"/>	<input type="checkbox"/>
11d		Living Skills: Refusal Skills, Session After You Say No	2	<input type="checkbox"/>	<input type="checkbox"/>
11e		Living Skills: Making Decisions, Session 1: Introduction	2	<input type="checkbox"/>	<input type="checkbox"/>
11f		Living Skills: Making Decisions, Session 2: What's Your Decision-Making Style?	2	<input type="checkbox"/>	<input type="checkbox"/>
11g		Living Skills: Making Decisions, Session 3: Decision-Making Steps	2	<input type="checkbox"/>	<input type="checkbox"/>
11h		Living Skills: Making Decisions, Session 4: Learning From Your Decisions	2	<input type="checkbox"/>	<input type="checkbox"/>
12a		Co-Occurring Disorders, Part 4: Using Drugs to Control Mental Health Symptoms Co-Occurring Disorders, Part 5: Thinking, Feeling, and Acting	2	<input type="checkbox"/>	<input type="checkbox"/>
12b		Co-Occurring Disorders, Part 6: Understanding Thoughts, Feelings, and Behaviors Co-Occurring Disorders, Part 7: ABC Flowchart	2	<input type="checkbox"/>	<input type="checkbox"/>
12c		Co-Occurring Disorders, Part 8: Triggers Co-Occurring Disorders, Part 9: Changing Criminal Thinking	2	<input type="checkbox"/>	<input type="checkbox"/>
12d		Co-Occurring Disorders, Part 10: Making a Commitment to Change Co-Occurring Disorders, Part 11: Barriers to Change	2	<input type="checkbox"/>	<input type="checkbox"/>
12e		Living Skills: Parenting & Child Development, Session 1: Introduction	2	<input type="checkbox"/>	<input type="checkbox"/>
12f		Living Skills: Parenting & Child Development, Session 2: Child Development	2	<input type="checkbox"/>	<input type="checkbox"/>
12g		Living Skills: Parenting & Child Development, Session 3: Parenting Skills, Part 1	2	<input type="checkbox"/>	<input type="checkbox"/>
12h		Living Skills: Parenting & Child Development, Session 4: Parenting Skills, Part 2	2	<input type="checkbox"/>	<input type="checkbox"/>

The records contained herein are protected by Federal Confidentiality Regulations 42 CFR Part 2. The Federal rules prohibit further disclosure of this information to parties outside of the Department of Corrections unless such disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. Upon completion, the data classification category may change.

Distribution: **ORIGINAL** - Clinical File