

## FAMILY COUNCIL MEETING AGENDA

Location: MCCCW

Date <u>4/20/23</u> Time: <u>1700</u>

Teleconference details: virtual meeting using MS Teams

Meeting Attendees			
Arminda Miller, Superintendent			
Department/facility co-chair:	Family co-chair		
Theresa Boyer, AA4	NÁ		
Facility/council secretary:	Family secretary, if applicable		
Members Present:			

Non-Council member attendees: <u>Phoebe Hutsell, Jo Wofford, Courtney Robbins, Casey Carlson,</u> <u>Paige Perkinson, Zachary Kinneman, Shannon Rawlings, Trista Egli 432644, Tonie Williams-Irby</u> <u>350955</u>

Agenda

## Old Business

Торіс	Discussion/Key Points	Next Steps
Mattresses	Update on Superintendent's accounting	On 1/19/23 inspection of every mattress complete. All individuals who did not have a new blue mattress that wanted one, now has them. We have more coming to replace all of them throughout the facility. They should be here by the end of May.
Statewide Family Council	Can the incarcerated be allowed to attend	No, they are only allowed at the Local level
Tour Facility	Once out of Covid will discuss	HQ has approved the facilities to allow tours. MCCCW will schedule one around visitation.

## **New Business**

Торіс	Discussion/Key Points	Next Steps
Facility Count	109	
Gratitude		Superintendent gave a shout out to Williams-Irby for her positiveness and the work she does impacting the facility.
Vending Machines in Visit	Can staff use them Policy 200.190 Executive Order 13-06	CPM Robbins For the month of January there was a total of 88 visitors. Phoebe Hutsell explained how the funds are allocated from the proceeds
Mental Health	What are the resources What is the chain of command Are there further classes offered DBT classes	<ul> <li>Kasey Carlson</li> <li>The current Mental Health resources for Mission Creek are <ul> <li>The Psych Associate who is on site M- Th, 4/10 shifts.</li> </ul> </li> </ul>

	Ms. Endi spoke about the peed to	<ul> <li>We are actively recruiting to double fill the Psych Associate position with a con- tract PhD Psychologist in the absence of the Psych 4 to provide a higher level of MH care and oversight. That contractor would be working a 5/8 M-F schedule.</li> <li>We are actively recruiting for a Blue Badge Psych-4 and the former Psych 4 continues to provide assistance as needed.</li> <li>In the times when Psych Associate is not available as well as on nights and week- ends we have support from WCCW's MHOD and Psych 4's.</li> <li>Mission Creek Nursing and the Medical provider are also resources we utilize when the Psych Associate is not available.</li> <li>The chain of command starts with the Psych Associate who is clinically and administrative supervised by the Psych 4 when that position is not vacant. When the Psych 4 position is vacant the Psych Associate reports administratively to the HSM-1 assigned to the facility and clinically to HQ MH leadership. The Psych 4 position when filled reports administratively to the HSM-1 assigned to the facility and clinically to HQ MH leadership. The Psych 4 position when filled reports administratively to the HSM-1 assigned to the facility and clinically to HQ MH leadership.</li> <li>We recently re-initiated MH open door in the units and we're working on developing a Trauma therapy group. Any new group development will be paused until the MH team is fully staffed, but we are open to suggestions. Telehealth for MH:</li> <li>We have not been sending S3's due to the Psych 4 absence, we have not had to utilize it yet. We have staff at WCCW who are happy to work with a patient via telehealth if needed and those arrangements could be made. We also have the option of transferring patients to WCCW's COA when there's an acute need.</li> <li>Additionally, we have a Psych ARNP who prescribes MH medications for the population. He is very responsive and works with both the Psych Associate and the Medical staff to meet those needs.</li> </ul>
	Ms. Egli spoke about the need to have mental health available to TC while they are in the 1 <sup>st</sup> phase. Could there be telehealth offered.	Ms. Carlson suggested she speak with Brenda and this could be set up.
DOC 03-513 (Rev. 10/0/10)	Page 2 of 3	

		Current class offered is Beyond Trauma. Past classes offered at MCCCW have been Seeking Safety, Healing Trauma, Anger Management and Helping Women Recover. Once there is full staffing in place they will re-visit what programs/classes to offer.
Programming	Knitting and crocheting Upcoming and new programs	The first class in the new space is scheduled for tomorrow, April 21 <sup>st</sup> . Phase II of the Mini Horse program just started. SPP Horticultor and Composting Garden Bed Club
	Legacy	MCCCW is looking to change the name and align the program to WCCW's the Village. At this time there are 46 different offering through the Legacy program
Upcoming Events	Girl Scout Cookie Fundraiser held in January February 11 Paint and Sip No Event scheduled for March April 8 <sup>th</sup> Exploring Science Fair April 20 <sup>th</sup> Virtual Reentry Resource Fair June 24 <sup>th</sup> Family BBQ	The Girl Scout Fundraiser went well, and the individuals raised over \$400 for donation. The Paint and Sip event was very successful, and individuals and families enjoyed being able to be with one another and have fun doing artwork and crafting.
New CPPC		Jenn Bullard has moved on to another agency. Erika Brown from WCCW has taken her place. She will be starting the Read to me Mommy program soon.

## Roundtable open discussion

Торіс	Discussion/Key Points	Next Steps
Peer Support	Both spoke of the Peer Support program at WCCW and would like to see if it could be implemented at MCCCW.	Casey will look into this and see what can be done
Emails	Some women have received an email claiming to be from the Amends group at the men's facility and asking them to join.	This issue is being looked into at HQ. the superintendent did say we are with Amend but with the Women's Division
Menu	How often does the kitchen menu change	Will look into

Next Meeting Location Virtual Meeting Date: April 20, 2023

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