



FAMILY COUNCIL MEETING MINUTES

Location: Washington State Penitentiary Date: 2/1/2025 Time: 8:30-10:00

Teleconference details: MS Teams Meeting – Local Family Council

/Meeting Attendees

Department/facility co-chair: Brad Bowman Family co-chair: Lisa Mundahl Greene

Facility/council secretary: Theresa Vanderbeck Family secretary: _____

Members present: Lisa Mundahl Greene, Andrea Shotwell, Star White, Sally Boyle, Sandra Swetlow, Ashley Lepreze.

Non-council member attendees: Rob Jackson, Superintendent; Bradley Bowman, Associate Superintendent; Irish Clark, Correctional Program Manager; Visiting Unit Sergeant Chase Harvey; Brad Moller, Correctional Industries Manager 5; Theresa Vanderbeck, CPPC; Katrina Suckow, Correctional Mental Health Supervisor; Christopher Mequet, Health Services Manager; Jordan Kisling CRT, Scribe

Agenda

Old business

Topic	Discussion/Key Points	Next Steps
Welcome & Introduction (Brad Bowman)	Introduction of all those in attendance. Agenda Management: Brad Bowman & Lisa Mundahl – Meeting rules and objectives Timekeeper:	
LFC Elections/ Appointments	For 2025 Local Co Chair – Lisa Mundahl Greene Family Secretary – Star White State Family Council Representative – Andrea Shotwell	
CPPC Report Action items Theresa Vanderbeck	Upcoming Family Friendly Events: <ul style="list-style-type: none">East Complex Valentine event on February 15, 2025. Units 8 and 10 Incarcerated Individuals will celebrate the day with their valentine doing activities and having a lunch together.Next event isn't until May for the facility.May event is a special adult day for Victor and William unit on May 24thEcho Unit event in December and a backpack event near the start of school time Volunteers: <ul style="list-style-type: none">November – 81 volunteers gave 610.75 hours<ul style="list-style-type: none">Non-religious programs: Alcoholics Anonymous, Narcotics Anonymous, Blue	

	<p>Mountain Humane Society, Star Project – 328.0 hours</p> <ul style="list-style-type: none"> ○ Religious services: 282.75 hours ○ 7 volunteers completed orientation. • December – 93 volunteers gave 547.60 hours <ul style="list-style-type: none"> ○ Non-Religious: Alcoholics Anonymous, Narcotics Anonymous, Blue Mountain Humane Society, Star Project – 252.27 hours ○ Religious services: 295.33 hours ○ No orientation for new volunteers was held in December due to not enough new volunteers to run at that time. 	
<p>Statewide Family Council Updates LFC State Chair Andrea Shotwell</p>	<p>SFC Meeting was held January 25, 2025 Meeting minutes will be available soon.</p> <ul style="list-style-type: none"> ○ Family Council Washington State Department of Corrections <p>Above included link has information about Family Councils, Local and Statewide.</p> <ul style="list-style-type: none"> • Andrea was unable to attend the meeting due to being out of town. 	
<p>Incarcerated Individual Betterment Fund Budget Overview (Associate Bowman)</p>	<ul style="list-style-type: none"> • Associate Bowman gave a short report as Mr. Anderson was not able to make the call. <p>We have been ordering like crazy from the Incarcerated Individual Betterment Fund</p> <p>We will make sure that an updated copy of the IIBF budget is sent out.</p>	<p>WSP IIBF Quarterly Budget FY25 FM 18 D</p>
<p>Visiting Update (Visiting Sgt. Harvey)</p>	<ul style="list-style-type: none"> • Being winter and being where we are in the state visiting numbers are a bit down as they usually end up being at this time of the year. • In the month of January, we had 31 EFV, 928 visits for West and South Complexes combined, and 170 in East Complex. • Many small projects have been completed in our visiting rooms, our new background for photos has been painted. • We have painted our north wall and are working on a canvas art program in conjunction with the Sustainable Practices Lab. They are updating the murals that are at this point 11 years old, they are touching up the paint that has been affected by wear and tear. • The Sustainable Practices lab is working on canvas art to help keep things fresh and exciting for those that come to visiting to have for photo backdrops. 	

	<ul style="list-style-type: none"> • They have finished the raised platforms in both visiting areas. This makes it easier to see things and have a place where visitors and Incarcerated Individuals know they can go to ask questions. • The East Complex playground project has been put on hold at the moment due to the weather, that will be going forward in the spring when the weather improves. <p>Andrea – Motel vouchers in the visiting room are still the old ones that were \$45, and the gas vouchers are old as well.</p> <p>Harvey – will get with Theresa and get updated flyers/information pamphlets, even if the information still goes to the same place online, we still should have the most updated forms available.</p> <p>Andrea – Still not seeing Family Council flyers in the visiting room.</p> <p>Theresa – Has talked to Dawn from headquarters, and they are still waiting to hear back about getting updated brochures.</p> <p>Harvey – Will see about getting something up on the board about the Local Family Council.</p> <p>Lisa – It's been almost a year since we first brought up the brochures, they are dry and hard to get through. Can we make just a poster about how to join or what the rules and processes are for visiting.</p> <p>Harvey – We have a set of rules that are taken from the DOC website and written out and laminated, they are placed on the tables but if they notice that someone new has come in they do try and make sure they know about the rules and that they should be read through.</p> <p>When special visits are set up, he does have a blurb he sends them telling them where to go depending on what unit their loved one is in and other things like even with having a special visit, they are still subject to the first come policy.</p> <p>Sandy – Wondering if she came to visit her son and noticed someone new that looked confused if she can offer them assistance, she is afraid about talking to another visitor, not wanting it to affect her visit.</p> <p>Harvey – If you are up front in the processing area, in the holding area and hallway in the back, or in the visiting room before the incarcerated offenders arrive you are more than welcome to talk to other families. If you are talking to another table after the Incarcerated arrive, they will just ask you to stop it's not something that would get your visit stopped.</p> <p>Sandy – As far as EFV's go are those that have life without sentences able to participate and have access to those visits at WSP.</p> <p>Harvey –They are allowed but it's a process that goes through headquarters and a lot of vetting occurs and hoops that must be jumped through like being in medium custody to be eligible, so it is a lengthy process to get approved.</p>	
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	<p>Andrea – The paper about LFC is on the microwave probably needs to be moved because now it is covered in things like paper plates, paper towels so it might be better to move it somewhere where it can be seen better.</p> <p>Harvey – We will look into getting it moved, and some other pieces of information laminated and put up on the boards.</p> <p>Andrea – Can I make up a page or flyer that has information on it for the family council that could be put up until we can get brochures in?</p> <p>Harvey – If you want to make something up and send it to me, I will get together with Theresa and Brad to see about getting it put up.</p>	
West Complex Update (WC CPM Clark)	<ul style="list-style-type: none"> • Lots of information about the West and South Complex was in the family newsletter that has been sent out to family members. • We are starting to work on the cultural events for the west and south complex for the coming year but those dates haven't been set in stone yet. 	
South Complex Update (CMHUS Suckow)	<ul style="list-style-type: none"> • In the November newsletter they mentioned about big things coming to the facility. • That news is that we have started construction for outside yards for our Intensive Management Units, we are hoping in the future to be able to offer four hours out of cell time in the yards. • In the BAR (Baker, Adams, and Rainier) we continue to have positive programs with the BAR shack and the Peace program running well. <p>Sandy – Her son is currently in IMU, has commented that while he is out in the yard that he was hearing the construction and didn't know what was going on. She is glad that they will have the chance for fresh air and sunlight. Her son had put in a request for education for the T4C program (Thinking for Change) but wasn't able to get in which means he could end up being in the Intensive Management Unit for 6 months to a year before he can get it completed.</p> <p>Katrina – The T4C program has quite a long waiting list unfortunately and we run it in many areas of the facility, hopefully he will be able to get into the program soon.</p> <p>Sandy – Is there any alternative programs that he could take because he has already done all his mandatory classes, and he is trying to show his improvement.</p> <p>Katrina – The best person for him to ask would be his Classification Counselor about what might be able to be done.</p>	
East Complex Updates (Associate Bowman)	<ul style="list-style-type: none"> • Different fundraisers and a Christmas door decorating contest happened in East Complex. Wreaths were put up during the holiday season where the flowerpots were placed previously. 	

	<ul style="list-style-type: none"> • The WSP Running Club established in the fall had concluded for the time being, recently 20 incarcerated individuals ran a 10k event with members of the community joining in. The group will be starting up again and they are hoping to have more Incarcerated Individuals participate in the next group. • Students from the landscape architecture department at WSU are meeting with the facility incarcerated and management to look at sprucing up the EC big yard. They will be at the facility next week to look around. 	
Health Services Update (Health Services Manager Mequet)	<ul style="list-style-type: none"> • We have been getting back in the swing after the end of covid, working on improving services. • Health Services brought in a third-party consultant, they are looking at how they do business and if they are efficient, if they aren't they are getting rid of things that interrupt that efficiency. • They have made improvements in their medical appointment scheduling, kite responses to inquiries are going back out quicker within 3 days if possible. • We have hired a full-time physical therapist, and an optometrist. They are looking at what we can do at the facility for the incarcerated population without having to send them out of the facility for care. Like the point ultrasound and lab tests, dental and physical therapy. • Next week they are onboarding their third dentist. With the PCMH there are huge increases in what dental offerings they can provide here at the facility. • WSP is leading the state in innovations in patient care for those that are incarcerated in Washington state. They are looking at making processes for their program that can be modeled at other facilities to make health care and mental health better for those in our custody statewide. 	
Correctional Industries Update (CI Manager Moller)	<ul style="list-style-type: none"> • WC food service, they have been taking a deep dive into making improvements. • New normal is a thing now aft covid but they are trying to bring back some of the processes from before covid that can increase efficiency and improve processes. • Visits were done by CI to the units in the West complex and South complex talking to the officers and incarcerated alike in each unit. • No issues are known at this time in the laundry or commissary that have come up as far as he knows. 	
Superintendent Rob Jackson	<ul style="list-style-type: none"> • Happy New year • Thank you all for joining us and helping us work together. • We have many things going on all over the facility. Some things that weren't mentioned. 	

	<ul style="list-style-type: none"> • We have a 400, 000 license plate stockpile so if you have bought a car recently you will probably get your plates quickly. • Unit 6 has a new unit roof being put in and a new HVAC system will be brought in as well. <p>We are in a legislative time with a new Secretary of the Prisons and a new Governor we will have lots of things happening as the budget is discussed and approved.</p> <p>Lisa – Are all the buildings getting new roofs eventually?</p> <p>Jackson – We have a five/ten year and beyond plan for replacing all the roofs when we can. Funding comes from the capital budget, the roof on Unit 6 was about 10 years in the making. It's not an easy or quick process.</p> <p>The overall budget for the state of Washington is showing a deficit for the next several years, the Capital Projects budget is not getting funded like it normally would.</p> <p>Sandy – It always surprises me that Headquarters comes in and stops things and removes privileges, makes rules, and that WSP can't make decisions about what is best for those that we have incarcerated here.</p> <p>Jackson – We are afforded opportunities for conversations about issues and a little bit of leeway but in the end, we do still have to follow directives that are given to us by our higher ups.</p> <p>We do know that it can be frustrating for those that are on the outside that are caught in situations where they aren't able to communicate as easily due to level restrictions that are imposed.</p>	
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New business

Topic	Discussion/Key Points	Next Steps
Individual Incarcerated Persons Concerns	<p>Discuss Unit OCL Meeting Minutes</p> <p>Echo Unit</p> <p>Old Business</p> <ul style="list-style-type: none"> • Topic: Holiday Activities • Discussion/Key Points: What ideas/suggestions did the population have for activities? • Next Steps: Tournaments will begin 12/20 and go through 12/30. • Topic: UA Process • Discussion/Key Points: Incarcerated Individuals have concerns with the UA process. • Next Steps: UA's are conducted within policy. • Topic: Trays at mainline • Discussion/Key Points: Incarcerated Individuals are requesting hard trays at mainline. • Next Steps: Ongoing Conversation. 	<p>WSP Friends and Family Newsletter</p>

	<p>New Business</p> <ul style="list-style-type: none"> • Topic: Holiday EIP • Discussion/Key Points: Holiday EIP in unit. • Next Steps: Sustainable Practices Lab will be in the unit 12/24. • Topic: Holiday/Superbowl bags • Discussion/Key Points: Will they get bags this year? • Next Steps: Bags will be provided by HQ and delivered by the Sustainable Practices Lab. • Topic: Holiday funds • Discussion/Key Points: Echo unit has been allotted \$510.00 for the holidays. • Next Steps: The money will be used to provide prizes for holiday tournaments. • Topic: Quarterly D/E OCL meeting • Discussion/Key Points: Minutes from D/E joint quarterly meeting. • Next Steps: Discussed meeting with CPM and went over meeting minutes. <p>Roundtable Open discussion</p> <ul style="list-style-type: none"> • Topic: OCL meetings • Discussion/Key Points: OCL's are requesting to meet as a group prior to meeting with CUS to discuss agenda and topics to bring forward. Also meet after OCL meeting to debrief. • Next Steps: CUS will work with unit staff to schedule a time and place for these meetings. • Topic: In Unit Activities • Discussion/Key Points: Would like to have more peer led in unit activities. • Next Steps: Will provide CUS with proposals for consideration up the chain of command. • Topic: Additional shelf in cell • Discussion/Key Points: Requesting an additional shelf be added in each 2-person cell so each Incarcerated Individual can have their own shelf. • Next Steps: CUS will send this request forward. With the current budget, this will likely not be considered until at least 2025. 	
Round Table Questions & Answers	<p>LFC Family Co-Chair Lisa Mundahl Greene will discuss Whitman College Professor Mitch Clearfield's class on the Whitman Campus regarding incarceration.</p> <p>Lisa – While she has the floor, another frustration is with the tier reps, her brother has been in a couple units and isn't sure on who they are or what they do.</p> <p>Brad – The tier reps aren't in policy but every unit should have OCL's that meet in the units on a monthly or quarterly basis. The tier reps don't really interact with the family council due to security issues because of how we are broken up due to the STG.</p>	

	<p>Ashley – My loved one is an OCL in Echo unit which is what pushed her to get involved. Some of the OCL's are having issues with having meetings and they feel like things aren't happening or getting resolved and it makes them not want to participate. They are being told that some of the things that they bring us are things brought about at the family council.</p> <p>Brad – We do put out an agenda request before each meeting and almost never get any requests back, if your loved one has any issue and they are brought forward, we can talk about them at the meetings.</p> <p>Ashley – Before Covid they (close custody) used to have an orientation class for those that are new coming into the facility and those don't seem to be happening anymore. The younger generation coming in has caused a good bit of chaos in the unit.</p> <p>Irish – OCL in Delta/Echo they are supposed to have a meeting once a month. The last two quarters they have had them with the OCLs and the unit managers and supervisors, health services and CI, education come together. The meeting is completely separated from what happens here with the family council. The questions come from incarcerated individuals through the unit supervisors to CPM Clark's secretary, they create an agenda and go over it in the meeting and then post the notes in the units within two weeks.</p> <p>- CPM Clark Will make a note to look into the orientation to see if something can be done to make it better, it is harder to do now with the way the facility is running gates and education. Instead of being done as a large class as they used to, they are now done in the unit with their counselors. He will talk with others in the facility to see what can be done.</p> <p>Lisa – I had a conversation with Mitch (Professor Mitch Clearfield, who is a volunteer) about education for those that have longer sentences and things that help them with stimulation and mental health.</p> <p>Irish – Mitch's wife (Professor Melissa Clearfield, who is a volunteer) is doing a trauma-informed book club in the Victor/William Units. We also have another staff member that is doing a mental health class that is on its 3rd run that have come back since Covid.</p> <p>Lisa – Is there an amount of time that the incarcerated have to be in an area before they can be moved?</p> <p>Irish – It's a lot of moving parts between points, levels, infractions, sentence structure, it's all part of policy 300.380. If a conversation needs to occur to explain more in depth, I would be glad to go over it with you.</p>	
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	Associate Bowman - If you have anything you would like to discuss on the next meeting as part of the agenda, please send your questions or concerns to Co-Chair Lisa Mundahl Greene and she will forward those items to Theresa to be placed on the agenda for our next meeting in April 2025.	
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Next meeting location: WSP MS Teams Date: 4/5/25 Time: 8:30-10:00

Comments: Please send your Agenda requests with questions to Theresa Vanderbeck at least two weeks prior to the next LFC meeting.

The contents of this document may be eligible for public disclosure. Social Security Numbers are considered confidential information and will be redacted in the event of such a request. This form is governed by Executive Order 00-03, RCW 42.56, and RCW 40.14. Upon completion, the data classification category may change.

Distribution: **ORIGINAL** - Family council co-chairs

Washington State Penitentiary (WSP)
Incarcerated Individual Betterment Fund (IIBF)
FY25 Budget to Actual Report From July to December 2024- FM18



Account Code	Budget Category	Proposed Name - Programs/Events	Total FY25 Budget	Expenditures	Fee Recovery	Remaining FY25 Budget	Brief Description of Expenditures to Date
88115	NR04	Cultural Activities (Unit Holiday Items)	5,000.00	257.31		4,742.69	BBQ sauce, seasoning, nuts, candy, pork rinds, body oil, shower powder, shower gel, and deodorant
88115	NR05	Cultural-Religious	1,150.00	213.32		936.68	Muslim prayer rug, beads, and shovels
88160	NR19	Recreation Expenditure/Fee Recovery (\$7 quarterly)	10,000.00	6,791.16	(3,881.00)	7,089.84	Pickleballs, paddles, marking paint, candy, deodorant, body wash, bar soap, shower gel, toothpaste, shampoo, bamboo fiber fill, plastic safety eyes, craft eyes, card storage box, high gloss finish, paint set with brushes, assorted color gel pens, basic white gel pens, erasers for pencils, storage bins, Elmer's glue sticks, card deck boxes, hacky sacks, silicone stir sticks, canvas boards, Gatorade, adjustable resistance bands, ankle and wrist weights, Rit dye, corn hole bean bags, domino blocks, table tennis balls, handheld tally counter, color paper, laminating pouches, blank certificate paper sheets, chips, cookies, lotion, acrylic paint, Magic The Gathering counter, velvet blanket yarn, dry erase markers, D&D handbook, D&D character sheets, D&D multiverse book, paint brush storage box, liquid glue, portable net system, footballs, and basketballs
88170	NR21	Television Rental Fee	0.00	5,877.17	(7,105.00)	1,227.83	Solder handle, coax elbows, coax ends, multi purpose oil, flux, pin screens, pin connectors, TV screens, matte TV screens, keyboard adapters, Yamaha power adapters, and TVs
88180	NR27	Unit Activities	5,000.00	1,397.31		3,602.69	Black and Decker easy steam compact iron, Amazon basics two pocket letter folder, dark green zucchini seeds, sugar daddy snap pea seeds, marigold seeds, stainless steel coffee makers, body wash, jalapeno sauce, coffee, hot sauce, chili sauce, deodorant, toothpaste, seasoning salt, foot powder, popcorn, silicone chess pieces, silicone chess board, powerade, chester poppers, candy, pretzels, peanut brittle, beef sticks, hot sticks, lotion, bar soap, shower gel, corn nuts, and jerky
88190	NR30	Visiting Area Supplies	1,420.00	1,177.17		242.83	Games, and photo printer
89130	FF01	Family Friendly - Back to School	5,600.00			5,600.00	
89130	FF40	Family Friendly - Lodging Assistance Program	30,000.00	8,514.27		21,485.73	
89130	FF69	Family Friendly - Winter Family Event	9,600.00	5,221.50		4,378.50	Stockings, Christmas toys for kids, printable address labels, hot cup with sleeve, lids, hot cocoa, candy canes, candy, luggage gift tags, sugar cookies, ornaments, tinsel, tablecloth, and holiday gifts
89130	FF91	Family Friendly - Video Greeting	500.00			500.00	
89130	FF96	Family Friendly - Significant Person Day	540.00			540.00	
89130	FF97	Family Friendly - Special Adult Day	3,600.00			3,600.00	
89130	FF12	Family Friendly - Fall Harvest Party	5,100.00	674.50		4,425.50	Trick or treat tongue twisters card game, TENZI party pack dice game bundle, TENZI party pack dice game, Blank Slate game, Taco Cat Goat Cheese Pizza game, What Do You Meme game, Taboo classic game, Trivial Pursuit board game, Zygomatic Spot It classic card game, The Logo game, Exploding kittens grab game, Taco Cat Goat Cheese Pizza spanish edition, Taboo dice game spanish version, Dios Mio party game, pumpkin backdrops, fall leaves, banners, and meals from CI
89130	FF20	Family Friendly - Father/Child Event	2,112.00	344.18		1,767.82	Thanksgiving stickers, turkey crowns, fall crafts, fall themed boxes of crayons, pumpkin party favors, fall décor, and Thanksgiving turkey door decoration
89170	OP03	Television Services Cable/Fee Recovery (\$0.50 per month, per I/I)	0.00		(5,081.37)	5,081.37	TV Services.
88125	EFVC	Extended Family Visiting	9,000.00	3,878.73		5,121.27	Grip door knob covers, baby bathtub, cabinet latch, plug protectors, 12 piece dinnerware set, light sensing night light, bath shower chair seat, toddler playset, Avengers bed in a bag, Avengers bedding set, Blue Beetle twin size bed in a bag, Blue Beetle full size bed in a bag, changing table with pad, classic lawn darts, 10 qt slow cooker, can opener, children's picnic table, diaper genie, silicone rolling pin, sterilite 66 qt clear plastic latch box, paper towels, toilet paper, hand soap, dish soap, lysol cleaner, dishwasher detergent, laundry detergent, dryer sheets, TVs, anti choking device, ring stacker toy, play activity center, pre-lit Christmas tree, toilet plunger, surge protector, silicone cooking bbq gloves, foam rubber corner guards, pillow protectors, and radiator
89130	F107	Free Photo Program	3,400.00	952.51		2,447.49	Epson color printer, Epson ink, and Kodak photo paper
89110	F104	Visit Room Activities	1,000.00	218.40		781.60	Pies
89110	CULT	Culture Programs Allocation	10,330.00			10,330.00	
89110	SART	IIBF Supplemental Art Programs/Activities/Supplies	17,048.64	1,266.06		15,782.58	Paint brush cleaner, holder, organizer, paint, projector, and canvas
89110	SLJB	IIBF Supplemental Library Enhancements	8,994.12	7,164.75		1,829.37	Book, bookshelves, book case, and board games
89110	SOTH	IIBF Supplemental Other	491.10	188.76		302.34	Wireless photo printer, ink, and digital camera
89110	SREC	IIBF Supplemental Recreation	288,272.24	83,120.73		205,151.51	Racquetballs, netting, galvanized cable, softballs, softball gloves, Callaway golf set, Wilsom golf balls, plaque award multiple name plate holder board, muscle medical knowledge unframed poster art, golf sports wall art, various golfing paperback books, titanium golf drivers for men, golf realtree driver, golf drivers for beginners, TV, TV mount, rechargeable battery pack, sound bar, cornhole boards, cornhole bags, commercial enclosure, landing pad turf, golf mat, ProTee VX launch monitor, connect home for ProTee VX, short throw golf simulator projector, 50ft HDMI cable, golf simulator projector enclosure frame mount, launch monitor enclosure mount, gaming PC for golf simulators, golf simulator blackout screen, half-moon molded rubber ball tray, golf simulator impact screen, Xbox series bundle, and turfage
89110	STEL	IIBF Supplemental Television	6,778.48	2,899.79		3,878.69	TVs
89110	SUNI	IIBF Supplemental Unit Activities	118,952.97	26,089.93		92,863.04	Clear personal am/fm radio, various Nintendo Switch games, Nintendo Switch joy-con pair, video game carrying case, game case with micro SD cards holder, games storage organizer tower, gaming headset, game storage bin, and NBA Jam deluxe panel arcade machine, Nintendo Switch with joy-con, micro SD card for Nintendo Switch, bookcase with adjustable shelves, TV dock station for Nintendo Switch, travel dock, HDMI cable, classic arcade game built for your home, various Nintendo Switch games, various Playstation 4 games, Playstation 4 wireless controller, futon sofa bed and couch, armless chairs, bookcase, TV stand, indoor table tennis, table tennis balls, foosball soccer table, Connect 4, wooden tic tac toe game, various Playstation 4 games, wood cornhole bean bag toss game, TV(s), Playstation Call of Duty bundle, wireless controller, Nintendo entertainment system, Kobe Bryant Playstation 4, various board games, upright freezer, digital camera, photo printer, ink/paper set, the high performance planner, and 10 shelf standard bookcase with shelves
89110	SCHI	IIBF Supplemental Visit-Room Children	105,698.33	8,669.29		97,029.04	Recycled rubber mulch nuggets
89110	SWAY	IIBF Supplemental Washington Way	20,538.10	10,781.56		9,756.54	Countertop food warmer, popcorn popper, stainless steel airport, hot dog non-stick roller grill, charcoal/wood smoker grill, automatic airport coffee brewer, cotton candy machine, TV cart with wheels, home theater sound bar, blu-ray disc player, Samsung smart TV, and plant shelf with grow light
89110	SWEL	IIBF Supplemental Wellness	15,546.73	8,254.84		7,291.89	Perfect fitness pushup, Spalding street phantom basketball, ab workout equipment, exercise medicine balls, and exercise yoga mat with carrying strap
89110	SMUS	IIBF Supplemental Music Rooms/Activities	74,064.00			74,064.00	
89110	SSPL	SPL Sewing Machines	11,762.00			11,762.00	
Report Total			771,498.71	183,953.24	(16,067.37)	603,612.84	



WSP Friends & Family Newsletter

December 2024, January 2025

WSP Leadership:

- ❖ **Robert Jackson, Superintendent**
- ❖ **Steve Sundberg, Assoc. Super.**
South Complex/IMU
- ❖ **Sandi Jacobson, Assoc. Super.**
West Complex/Medium Units
- ❖ **Brad Bowman Assoc. Super.**
East Complex
- ❖ **Alfredo Lomeli, Corr Program Mgr**
South Complex/IMU
- ❖ **Irish Clark, Corr Program Mgr**
West Complex/Medium Units
- ❖ **Lonnie Roberts, Corr Prog Mgr**
East Complex
- ❖ **Paul Daniel, Captain**
- ❖ **Evelyn Flores, Captain**
- ❖ **Crystal Abdulwahid, Health Services Mgr. 3**
- ❖ **Brad Moller, CI Mgr. 5**

A MESSAGE FROM SUPERINTENDENT ROB JACKSON

On behalf of my leadership team, we thank you for taking an active interest in your loved one's pathway to success. The Washington State Penitentiary is a complex institution, and it is our mission to provide safe and humane conditions that support your loved one's success.

Even though the Holidays are passed us, the colder weather is here for a bit. Please be mindful of this as you travel. Make a call to the facility before you travel to make sure there are no complications. Give yourself plenty of time to get here safely.

Please enjoy the fun photos from the holidays! Each department does their best to keep minds occupied and keep everyone in the best of spirits. There were a lot of games, music and decorating. We are looking to more events coming up. Happy New Year!!

Please enjoy the great work highlighted in our newsletter.

Rob

HEALTH SERVICES

Winter is upon us and so is flu season. Please encourage your family to get their vaccines. Vaccines.gov will help you find clinics, pharmacies, and other locations that offer flu and Covid vaccines. Encourage your loved one at WSP to participate in vaccine clinics or send a kite to request the vaccine. Please keep your family healthy this season.

January is National Blood Donor month as winter is one of the most difficult seasons to collect blood, and we encourage healthy individual to participate in local drives. If you would like to participate, please visit www.redcrossblood.org to find a blood drive near you. You can even track where your donation is helping to save lives.

Health Services wishes everyone a wonderful and safe New Year!

WEST COMPLEX (DELTA, ECHO, FOX, GOLF)



- **The Beading Program**, a program that will allow incarcerated individuals the opportunity to work in a group setting that will bring them together to teach/learn the art of beading.
 - **Drumming and Dancing**, is for Natives to prepare for their upcoming Native Culture event and practice their routine.
 - **Tabletop Games** This program promotes diversity through bringing together all individuals from different backgrounds that all share a common interest in tabletop role playing games, board games, Magic the Gathering, as examples. It creates a pro-social environment that helps change the culture of prison by normalizing and promoting spaces where I/I's can be themselves.
 - **New Recreational Equipment** has been purchased through the Betterment fund in Delta and Echo has new corn hole boards.
 - **GED/ High School class** is coming to Golf Unit.
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- **Positive Psychology Group Therapy for Long-Term Incarceration** this is a twelve-week group run by mental health that is made specifically for the incarcerated population who have been sentenced to ten or more years – the ones who often have the least amount of programming opportunities. So often, the field of psychology has focused on “what’s wrong” with a person and how to fix it; Positive Psychology focuses on “what’s right” with a person – their strengths and values, how to instill hope, and how to build and nurture resilience. Topics covered each week include things like gratitude, meaning and purpose, humor and laughter, and positive thinking.
 - **WA WAY** is headed out to Echo Unit as the pilot unit for bringing the program to the Close custody. Jennifer Adams, the WA Way coordinator spent time in the unit answering questions. (More to come soon)
 - **Holidays in the WC** Staff and incarcerated individuals worked together and played games, decorated and had tournaments to bring Holiday cheer to the units.
 - **GVRs fundraiser** was on January 8, 2025.

SOUTH COMPLEX (VICTOR AND WILLIAMS)

Reentry Committee: Is a subcommittee of the BPC that helps incarcerated individuals prepare for Reentering society. Also, creating and forming systems that target all population. While working with DOC staff and volunteers from the community to try and streamline services into simpler processes to reach more people efficiently. While promoting every I/I's jump start in reentry.

Orientation: Once a week were the I/I's and unit CUS and custody together welcome new I/I's to the unit. Where we explain how the new culture, we promote in victor unit and promotes the spirit of amend and Washington Way. Our mission is to Normalize as many spaces as possible in the unit and activities that promote prosocial behaviors and open communication between staff and the population. We also work with the local Reentry navigator to get a 100% rate on individual reentry plans (IRP's) while providing Rapid Reentry for those who may have slipped through the crack. In victor unit we have 4 expectations for all:

1. Honesty / Transparency
2. Cleanliness

3. Patience

4. Faith

7 Habits on the Inside: The 7 Habits on the Inside is a process that changes prison cultures by building a common foundation for staff and offenders. The process allows both groups to use a common language to find mutual understanding and foster an environment conducive to behavioral change. Another class beginning in January

*** ***William Unit had their first 7 Habits on the Inside Graduation with 8 graduates.***

Tabletop Games: This program promotes diversity through bringing together all individuals from different backgrounds that all share a common interest in tabletop role playing games, board games, Magic the Gathering, as examples. It creates a pro-social environment that helps change the culture of prison by normalizing and promoting spaces where I/I's can be themselves.

Wellness: Once a day, individuals are allowed to participate in an incarcerated lead workout program in the unit yard. As the number of participants grows, we hope to have two classes a day. One in the morning, and one in the afternoon when everyone is back from their morning programming.

Dog Program: In cooperation with Blue Mountain Humane Society, individuals are educated in specific dog training techniques. The dogs remain with their handler for up to twelve weeks in order to become "more adoptable." With Positive reinforcements and treat training, individuals train the dogs in the very basic obedience commands. Dogs are trained to Sit, Down, and Stay. Some dogs are crate trained them as well. This is all in effort to help better their chances in the overall goal of adoption.

Star Project/Smart Recovery: Self-Management and Recovery Training (SMART) is an evidence-based recovery program that focuses on self-management, choice, support, and is person centered. Any individual that has a history of or current use/abuse of substances and/or activity/process addictions such as gambling. The SMART Recovery framework offers a wide range of coping/life skills that help people while they are incarcerated and after they return to the community. People learn skills to build and maintain motivation, cope with urges, manage thoughts, feelings, and behaviors, and live a balanced life.

Unit Library: William Unit is fortunate to have received many donated books. Twice a week the population are encourage to check-out books from our ever-growing library.

Freedom Reads: Freedom Reads is a first-of-its-kind organization that empowers people through literature. Each month the incarcerated are given a book to read, and once a month the participants get together to discuss the book. Freedom Reads supports the efforts of people in prison to imagine new possibilities for their lives, they are currently reading A Little Devil in America.

William Unit has added many books, games, and recreational equipment through the IIBF funding. They have added a Whitman College class and book club (Freedom Reads).

Victor Unit is running our BPC General meetings. The CI License Plate Factory is in full swing with Medium GP workers. Victor Unit also plans to start a music group with the WWCC Volunteer. They are bringing back the II led (with sponsor) Communication Breakdown Class.

Holiday Events:

Door Decorating Contest

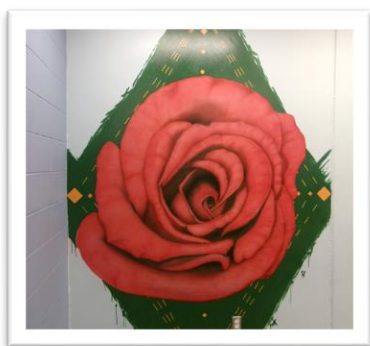
Christmas Day Games w/Prizes

-Games included: Cornhole, Pickleball, Checkers, Chess, 3 Point Contest, Bingo, Spades

(Victor Unit murals)



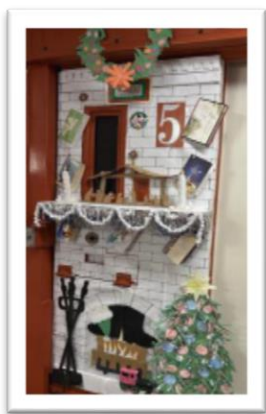
(William Unit murals)



BAR UNITS

BAR Units – Winter Celebration 2024

This included Cookies and Hot Cocoa, crafting, special movie, reindeer games and holiday music!



EAST COMPLEX



The East Complex is currently working on a project with students enrolled in the School of Design and Construction's Landscape Architecture faculty and students at Washington State University. They will be assisting us in reimagining our East Complex, Big Yard.

This project should reflect new landscaping, paintings and overall growth of the East Complex culture. The planning has begun and will be carried out during the Summer of 2025. We will provide photos and plans as they develop.

UNIT 8 & UNIT 10

Unit 8 had a chicken fundraiser.
New items on the ice cream sales:
* White Castle cheeseburger Sliders
Christmas Cell Door Decorations
Wreaths were hung in the unit
Christmas trees were brought in for the units.



Christmas treat bags for all incarcerated individuals



'Twas the night before Christmas,
when all through the big house,
Not a creature was stirring, not even a mouse;
The wreaths were all hung by the rafters with care,
In hopes that St. Nicholas soon would be there.

VISITING

Christmas season is going strong in Visiting at WSP. You will see here Officer Aichele delivering wrapped gifts for the children of the incarcerated so that they can take a gift home, from dad. This program is brought to you by your very own local Community Partnership Program Coordinator, Theresa Vanderbeck! Last, but not least you will find our yearly tradition of stuffed animal bears donated by the SPL program to the visiting room. We understand that the holidays can be a difficult time for the families of the incarcerated and we are doing our part to assist and maintaining those familial bonds even through incarceration.

Holiday Gifts in December Event



The annual Holiday Gifts in December event was held from Dec. 9, 2024, through January 15, 2025, during regular visiting hours. I/I's signed up their approved minor visitors to receive a holiday gift. The gifts were presented to the children by their I/I loved one. In addition to the gifts, hot chocolate, candy canes and holiday cookies were made available during regular visiting hours. On December 14, 2024, the CPPC went to the EC Visiting Room to visit and take photos of the I/I's and their minor visitors while they received the gifts. A big thank you to the visiting staff who helped make this a great event! A great time was had by all and we look forward to having this event again next holiday season!



SPL INFORMATION

During Christmas in partnership with Whitman college's community outreach SPL contributed 70 stuffed animals for youth in the community in need of Christmas presents. SPL recently was involved in contributions to The Cattleman's association in Oregon, an organization that supports youth scholarships in rodeo and 4H. Coming up we are supporting an event for JUGGS supporting breast cancer awareness, our projects go to the organization to be auctioned off to support the charity JUGGS supports. We are also working on projects to support the Walla Walla high school Big Blue LA booster, the proceeds of these items auctioned off support high school programs.

In January we graduated our first class through the 7 Habits on the inside taught by 2 staff members and an incarcerated individual. Our next class will begin in late February, we look forward to getting everyone in SPL through that program to help build healthier habits that leads to better outcomes for everyone.

We started a program to grow native Washington plants for the Department of Fish and Wildlife who aims to add more native Washington plants to state parks and land around Washington. We currently have 36,800 plants started with space and resources to start another greenhouse of Washington plants.

Recently SPL using supplemental IIBF money purchased 10 new sewing machines for the program which opens up more workspace for the incarcerated to contribute more. SPL continues to strive to hire as many incarcerated as we can and achieve more and more success together by looking for more organization's charity work to support.

Whitman College Community Projects with SPL made stuff animals



The project for the Cattleman's Association was built with reclaimed red wood lumber that was removed during the greenhouse in the East complex, reconstruction project.

The table was made of reclaimed redwood and pallet wood.

The quilt is a king-sized blanket.



Washington Dept of Fish and Wildlife Washington native plants



WA WAY

December 7th marked the end of the first season for the Concrete Conquerors, a running club made up of incarcerated and community runners at the Washington State Penitentiary (WSP). The club was born when community runner, Anastasia Christman, saw an article about the running club at San Quentin Prison in California and reached out to running friend and WSP staff person, Steven Glenn, asking, "Do we have something like this at the Washington State Pen? Could we?" Together they approached Recreation and Athletic Specialist Aaron Fabre and the group crafted a proposal for a running club within WSP. Several months later, volunteers completed mandatory training and the first session began on September 7th. The club currently operates in the Minimum Security Big Yard where they train together two days per week. Club representatives were recently invited to observe the annual San Quentin Marathon where they made valuable network connections that will be used to enhance the program at WSP.

It was a cool 31°F during the 10k event that showcased the training accomplishments made since the group's startup in September. The morning kicked off with a series of motivational questions identifying the benefits that participants experience when they run. The group consensus was that, even on days when they didn't feel like making the effort, they feel better after completing a run. Certificates were then presented to four runners who have each achieved 100 miles - Franklin, Ed, Titan, and Richard. Franklin received an additional certificate for reaching 200 miles.

Staff and community members who volunteered to be lap counters naturally doubled as a cheering squad, motivating the runners with every lap completion. There was a wide range of experience and fitness levels among those who participated, including newcomer Billy, who had never trained with the group before. Embracing the spirit that this was not a competition against one another, but a competition against one's self, many of the runners joined him for encouragement in his final lap.

Bottled water and Gatorade were on hand to hydrate the runners throughout the event and donuts were provided to refuel when they were done. All 20 incarcerated and community runners were then recognized for their participation with a certificate. While holding his certificate in one hand and a donut in the other, Billy was reminded of his son's football championship where he was photographed holding a trophy and a donut.

This was the second event conducted by the Concrete Conquerors, with a notable increase in participation since the 5k run on October 5th. This can be attributed to inviting additional community runners beyond the volunteers who regularly train at the facility, along with the benefit that all training and events have occurred in the Big Yard during regularly scheduled recreation periods, making it possible for any incarcerated individual in the complex to join.



INTENSIVE MANAGEMENT UNITS

- CBCP- Cognitive Behavior Change Program
- CYR- Cage your Rage
- T4C – Thinking 4 a Change
- CD- Chemical Dependency
- Hustle 2.0- Pre-Season, Book 1, Book 2
- Washington Way Resource Team



(NEW THINGS FOR IMU ANNOUNCED NEXT MEETING)!!



ACTIVITIES AND UPCOMING EVENTS INFORMATION

Upcoming Events:

2025 FAMILY FRIENDLY EVENTS/MEETINGS

January **NONE**

February February 1, 2025, LFC Meeting (Saturday 0830-1000)
February 15, 2025, Be My Valentine Event Units 6&8
(Saturday 1100-1330)

March **NONE**

April April 5, 2025, LFC Meeting (Saturday 0830-1000)

May May 24, 2025, Special Adult Day Victor & William
(Saturday 1100-1330)

June June 7, 2025, LFC Meeting (Saturday 0830-1000)

July **NONE**

WSP Extended Family Visiting

Reminder: WSP is now offering a 1 night visit each weekend along with the 2-night visit we currently offer. To scheduled have your incarcerated person send a Kiosk message to WSP Visiting with the dates they would like to schedule the EFV. Those who are interested in more information about the Extended Family Visiting Program should visit [Prison Visits | Washington State Department of Corrections](#). 2-night visits will take place Friday-Sunday and 1-night visits will run Sunday-Monday, with check-in times being 0915 on either day, and check-out times being around the same time.



Supporting Successful Reentry

The Department of Corrections' (DOC) key objective in supporting successful reentry is to reduce the number of individuals who return to institutions as a result of new felony convictions (i.e., reduce recidivism). The department supports this objective by working with community partners, implementing evidence-based programs, and establishing continuity of health care to aid in successful reentry both before and after release. Lower return rates translate to increased public safety and reduced cost to the taxpayer for the state's criminal justice system.

HISTORY LESSON....



Christmas Past and Present

Christmas is rarely bright for anyone when they are away from their family. One hundred, thirty-eight Christmas' have been celebrated inside the walls of Washington State Penitentiary, for some, this is their home, for others it may be shift work. On Christmas evening, December 25, 1934, the radio was turned on in all wings of the institution for the incarcerated listening pleasure. For many incarcerated, it was the first time in their lives they had heard a radio announcement and music.

WSP has seen many leaders. Currently, Superintendent Rob Jackson leads this ship, as a generational leader. BJ Rhay was another Superintendent, that arguably followed in his father-in-law's footsteps. The youngest Superintendent in WSP history and its' longest serving, BJ, was an inspiration. BJ's tenure was known by his unwavering commitment to progress, fairness, and humanity—qualities that began shaping the penitentiary into what we are today, a more compassionate and forward-thinking institution.

BJ was a superintendent ahead of his time. He believed in the power of rehabilitation and brought innovative programs to the penitentiary that had never been imagined before. Under his leadership, incarcerated were provided with opportunities to learn, grow, and contribute meaningfully to the institution. BJ understood that progress required both firmness and fairness, and he embodied those principles in every decision he made.

BJ's legacy extended beyond his professional accomplishments. He and his wife Patricia lived on the penitentiary grounds for twenty-two years, raising their seven daughters in the superintendent's cottage. His daughters fondly remember their time growing up at the penitentiary. One of their favorite memories was "The Christmas tree lighting". December 19th, Patricia Rhay's birthday, was celebrated each year with a tradition that has become a cherished part of the penitentiary's history. Knowing her deep love for Christmas, BJ had a large tree in the front yard of the penitentiary decorated with lights in her honor. The display was a symbol of the holiday spirit she adored, and a reminder of the love and joy BJ brought to his personal and professional life.

This tradition was brought to life again this year, by the generosity of donated lights and the hand-crafted metal star made by Kenny Drennen. This tree is a tribute to the leaders who believed and believe in the power of humanity and the enduring spirit of Christmas that transcends walls. This sweet reminder of the heart, and grace of a couple of WSP Superintendents, and their ability to bring light, where light may not have been expected.

Photo 1 (Cell block 2 in the 30's when the first announcements and Christmas music was played on the speakers)

Photo 2 (The Superintendent's home)

Photo 3 (BJ Rhay, 36 years old, youngest Superintendent in the country, longest term served as Superintendent at WSP)

Photo 4 (Christmas tree, in front of the Superintendent's home, December 1958 for Patricia Rhay and all to enjoy)

Photo 5 (3 foot metal star, 6 feet with pole, designed and created by Kenny Drennen in Engineers)

Photo 6 (Attaching the star to the Christmas tree)

Photo 7 (Currently, the Christmas tree in the EC by the main entrance)

